



8.17 Kids in the Know Curricular Procedures

In addition to requirements that all grades K-10 students be taught the BC Health Curriculum, SD8 also requires that all K-10 classrooms teach the “Kids in the Know” curriculum:

What is Kids in the Know?

Kids in the Know (KIK) is the Canadian Centre for Child Protection’s national, bilingual, interactive safety education program for use in kindergarten to high school classrooms that uses age-appropriate lessons to increase children’s personal safety skills in order to reduce their risk of victimization online and offline. KIK lessons are matched to the British Columbia Physical and Health Education Curricular Competencies and Content and are purposefully designed to create a common language to help facilitate the way we teach kids about personal safety.

How do school staff access the Kids in the Know program?

All school principals were provided a log in via email to access training videos and lesson materials. Please reach out to the District Principal of Inclusive Education with any questions.

Please click for [additional resources from the Canadian Centre for Child Protection](#).

Please click for an [overview of the Kids in the Know program](#).

For information on BC’s K-9 Health Curriculum, please see:

- [Physical and Health Education](#)
- [Supporting Student Health Elementary \(PDF\)](#)
- [Supporting Student Health Secondary \(PDF\)](#)
- [Physical and Health Education K-10 - Content Overview](#)
- Note that parents do have the ability to request options for their child re: the teaching of certain topics as per: [AP 2004: Sensitive Issues and Alternate Delivery of Curriculum](#)



For curricular resources, please see:

- [Teaching Sexual Health](#) (All materials available in French and English)
- [Sexual Health Resources for Teachers](#)
- [Tips for Providing Substance Use and Sexual Health Education in Schools](#)

Please also see the following Inclusive Education Procedures:

- 8.16 Sexual Health and Consent Curricular Procedures
- 8.18 Social-Emotional Learning (SEL) Curricular Procedures
- 8.19 Mental Health Curricular Procedures
- 8.20 Student Mental Health Response Flow Chart
- 8.21 The Use of Guest Speakers and Outside Agencies for Health Topics